

What is a well-integrated spirituality?

A Talk Forum with **Jane Clark, Edie Irwin and Anthony Kramers**
Chaired by **Dr Jim Griffin**



Friday 16 October 2015, 7–9pm. Admission £5. Registration 6.30–7pm
Sanctuary, Augustine United Church, 41 George IV Bridge, Edinburgh
Presented by The Beshara Trust besharatrust.org and EICSP eicsp.org

The speakers:

Chair: Dr Jim Griffin

Psychotherapist, and member of St Cuthbert's Episcopal Church
Jim Griffin is a psychotherapist living in the Scottish Borders. He completed his PhD in Comparative Theology at Edinburgh University, and for a time taught World Religions and Chinese Philosophy at universities in the UK and overseas. He has served as a trainer and consultant within the public and voluntary sectors, working in organisational change and in leadership development. He is also a qualified Taiji instructor. Together with his wife Jo, also a psychotherapist, he now spends much of his time as a foster carer to a number of children. He remains an active member of the Scottish Episcopal Church.

Speaker: Edie Irwin MA, UKCP, EAP, TRTA

Psychotherapist and co-founder of the Tara Trust, Edinburgh
Edie studied and worked with Dr. RD Laing in the 1970's. She practised massage and psychotherapy in Edinburgh from 1980-93 as a member of Wellspring. Since 1980 she worked under the guidance of Akong Tulku Rinpoche and has presented Tara Rokpa Therapy, in over 15 countries. Edie's approach as a psychotherapist is based in the confidence that innate goodness is waiting to be uncovered within each us. The client's own journey of discovery may include the use of art materials, writing, simple relaxation exercises as well as speaking together. Edie is co-editor of Akong Tulku Rinpoche's *Taming the Tiger* (Rider) and is the author of *Healing Relaxation* (Rider). Since 2005 she has been a member of the UKCP Ethics Committee.

Speaker: Jane Clark BSc, MPhil

Senior Research Fellow MIAS, Oxford

A student of the Beshara School for more than thirty years Jane now works as a teacher and independent researcher. She originally trained as a scientist and remains interested in the relationship between current scientific understanding and the insights of the mystical traditions. She further developed this inquiry as a founder editor of the *Beshara Magazine* and *The Journal of Consciousness Studies*. Her main area of interest is the work of the Andalusian philosopher/mystic Muhyiddin Ibn 'Arabi and his very clear articulation of the principles of unity. Jane is now a Senior Research Fellow of the Muhyiddin Ibn 'Arabi Society in Oxford.

Speaker: Anthony Kramers

L'Arche Communities, Scotland

The L'Arche communities were founded in 1964 by the philosopher Jean Vanier to enable people with and without learning disabilities to share life together. Including Edinburgh and Inverness, there are ten in the UK and 147 round the world in diverse cultures. Anthony's present role is to lead L'Arche's activities in Scotland. Married with three adult children, he sees community life as founded on mutual relationships and trust in God, when lived in ways that respect and celebrate the unique individuality of each person – whatever their religious or humanist values. 'Community creates the space where the longest journey, within the heart of a person, is lived out in service of a discerned mission that makes a social difference in action.'

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